

**ADULT DAY HEALTH SERVICES**

**DAILY MENU**

**JANUARY 2019**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 <b>AGENCY CLOSED IN OBSERVANCE OF NEW YEAR'S DAY</b>	2 Mushroom Swiss Burger 1c Creamy Cauliflower Soup w/Crackers Hamburger Roll Fresh Fruit	3 Mango BBQ Chicken Breast 1/2c Brown Rice 1/2c Creamy Coleslaw Wheat Bread 1/2c Apple Cranberry Crisp	4 Pot Roast w/Gravy 1/2c Baked Potato w/Margarine 1/2c Sliced Carrots Italian Bread Cookie
7 1c Chili Con Carne 1c Tossed Salad w/Tomato 1/2c Baked Potato w/Margarine Mini Biscuit Cookie	8 Burgundy Meatballs w/Mushrooms Over 1/2c Egg Noodles 1/2c Broccoli & Carrots Wheat Bread 1/2c Mixed Fruit Salad	9 Warm Ham & Cheese On Ciabatta 1c Creamy Tomato Bisque w/Crackers Ciabatta Roll Fresh Fruit	10 Vegetable Lasagna w/Vegetable Cream Sauce 1c Tossed Salad w/Hardboiled Egg, Cucumber, Dressing Breadstick Cottage Cheese & Diced Peaches Birthday Special	11 Kielbasa 1/2c Cheesy Pierogi Casserole 1/2c Sweet Peas Hot Dog Roll Fresh Seasonal Fruit
14 Pulled Turkey & Stuffing w/Gravy 1/2c Whipped Potatoes 1/2c Coleslaw 1/2c Applesauce	15 Hawaiian Pork Chop 1/2c Blended Rice Pilaf 1/2c Island Blend Vegetables White Bread 1/2c Sliced Apples	16 Sloppy Joe 1/2c Ranch Seasoned Potatoes 1/2c Green Beans Sandwich Roll Cookie	17 Chicken Picatta 1/2c Bowties 1c Tossed Salad w/Tomato Italian Bread 1/2c Peaches	18 Warm Roast Beef Sandwich w/Cheese & Au Jus 1c Homemade Vegetable Soup w/Crackers Sandwich Roll 1/2c Pineapple Tidbits
21 <b>AGENCY CLOSED IN OBSERVANCE OF MARTIN LUTHER KING JR. DAY</b>	22 Creamy Chicken Divan Over 1/2c White Rice 1c Tossed Salad w/Tomato Breadstick 1/2c Mandarin Oranges	23 Baked Meatloaf Marinara w/Mozzarella Topping 1/2c Garlic Whipped Potatoes 1/2c Parmesan Corn Wheat Bread 1/2c Banana Pudding & Nilla Wafers	24 Greek Chicken Salad Baked Chicken, Olives, Red Onion Tomato & Mozzarella Cheese 1c Mixed Greens w/Dressing 1c Bean Soup w/Crackers Dinner Roll Cookie	25 Bratwurst w/Kraut Topping 1/2c Creamed Potatoes & Peas Hot Dog Roll Mustard Packet 1/2c Warm Cinnamon Applesauce
28 3/4c Baked Ziti 3 Meatballs Marinara Sauce & 5 oz. Cheese Topping 1c Caesar Salad Garlic Breadstick 1/2c Mixed Fruit Salad	29 Pork Ribette 1/2c Seasoned Potatoes 1/2c Baked Beans Dinner Roll 1/2c Peaches	30 Swiss Steak w/2 oz. Onion Gravy 1/2c Cabbage & Noodles 1/2c Diced Carrots Wheat Bread 1/2c Pineapple Delight	31 Grilled Chicken, Bacon & Swiss Club w/Lettuce & Tomato 1c Creamy Potato Soup w/Crackers Sandwich Roll 1/2c Blushed Pears	
<b><u>SUBSTITUTES</u></b>				
<b>Salami &amp; Cheese w/Lettuce &amp; Tomato On White Bread</b>	<b>Egg Salad w/Lettuce &amp; Tomato on Wheat Bread</b>	<b>Braunschweiger w/Lettuce &amp; Tomato</b>	<b>Popcorn Chicken Salad w/ Cheese, Dinner Roll</b>	<b>Ham &amp; Swiss Sandwich w/Lettuce &amp; Tomato On Rye</b>

\*Menu Is Subject To Change\*