

# Lifesteps Adult Day Health Services

## Butler County

**A Medically-Monitored Day Program for Seniors and Medically Fragile Adults**

*Being treated with respect, having health needs monitored, companionship, and maintaining a sense of achievement, are all essential elements to a meaningful life.*

[www.lifesteps.net](http://www.lifesteps.net)

Lifesteps, Inc.  
383 New Castle Rd.  
Butler, PA 16001  
T (724) 283-1010  
F (724) 283-4599

### Program Details

A safe, caring, medically-monitored environment with dedicated staff who provide dignified assistance and support with personal care needs that enable adults to maintain interests and skills while developing new friendships.

### Program Highlights

- ◆ A daily schedule of activities for socializing, developing friendships, and encouraging mental stimulation.
- ◆ For those 60 years of age and over, wholesome, nutritious meals and snacks.
- ◆ Hobbies and special interests, such as music, dancing, gardening, arts and crafts, cards, games, and much more are everyday occurrences.
- ◆ Daily exercise which enhances health and happiness.
- ◆ Dedicated, caring staff, including licensed nurses.
- ◆ Community outings, holiday celebrations, and birthday parties that turn ordinary days into special occasions.

### Program Participants

- ◆ Butler County residents 18 years of age or older (the majority of participants are elderly) needing our assistance.
- ◆ Senior adults with physical impairments, mental confusion, or social isolations which interfere with their capability for self-care. (Alzheimer's, Dementia, and medically fragile seniors with and without Mental Retardation are accepted.)
- ◆ Adults limited in their ability to function independently, but not requiring 24-hour supervised care.
- ◆ Adults recently discharged from a hospital or nursing facility needing rehabilitation therapies.

### Benefits of Attending

- ◆ Slows deterioration and improves individual functioning.
- ◆ Prevents or delays the need for nursing home placement.
- ◆ Provides respite from caregiving responsibilities for families.
- ◆ Lessens feelings of isolation and depression.

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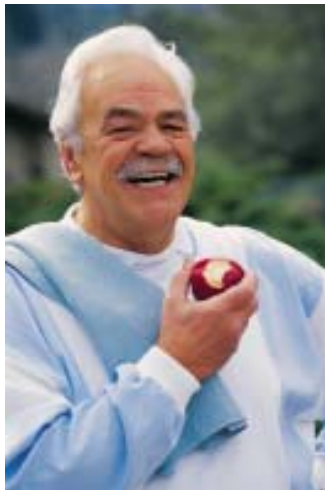
*We share  
in the caring  
for your  
loved one  
to help  
them  
remain  
independent  
and at home  
as long as  
possible.*

Available Monday through Friday **7:30 a.m. - 5:30 p.m.**

Full or partial day attendance available.

Transportation can be arranged through Lifesteps or BART.

Call Lifesteps at 724-283-1010, ext. 233 for more information.



### Free Trial Visit

Families or health care workers can contact Lifesteps for information about Adult Day Health Services. A FREE trial visit is offered, and families are encouraged to visit the program.

Lifesteps is conveniently located at 383 New Castle Road in Butler (West of Moraine Pointe Plaza next to Staples).

Stop in and visit our modern facility, open Monday through Friday from 7:30 a.m. to 5:30 p.m.



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Services and referrals of individuals and families shall be made without regard to race, color, religious creed, disability, ancestry, national origin, age, sex, or limited English proficiency, in accordance with applicable law.